Kaydence Sports Medicine & Rehab 12635 CR-130 Carthage, MO 64836 Kaydencesportsmed@gmail.com (417) 449-0131



Bandaging a Foot with a Poultice Pad

Materials:

- Hoof pick and brush
- Animalintex Poultice Pad (moisten with water)
- Size 4 diaper
- Vet Wrap

- Duct Tape
- Elastikon
- Scissors
- 1. Clean off the wall and pick the foot out thoroughly. The bottom should be clean and free from dirt and debris.
- 2. Apply a pre-moistened Animalintex poultice pad with clear plastic side on the outside of the foot (not against the sole surface).
- 3. Hold in place and wrap a Size 4 diaper (for an adult horse) over the bottom of the foot and secure the Velcro around the pastern.
- 4. Wrap Vet Wrap around the entire foot leaving approximately 1- 2 inches of the diaper showing at the top. You may not need to use an entire roll.
- 5. Place several layers of duct tape over the bottom of the foot and up around the side of the hoof to make the bottom durable and waterproof. Make sure the duct tape does not go above the diaper.
- 6. Check to make sure the bandage is not too tight around the coronary band. You should be able to slip your finger in easily. If not, cut the vet wrap and/or duct tape to just below the coronary band to relieve pressure.
- 7. Apply Elastikon from the duct tape surface up to the skin to create a sealed barrier. This keeps dirt and shavings out.

Remember:

- Poultice Pads should be changed every 1-2 days.
- Dry bandages can last several days if duct tape is reapplied to the bottom daily. Only do this if it has been directed by your veterinarian.
- Change the bandage if it becomes wet or dirty.
- Contact the veterinarian with any questions.